

Sláinte na nÓg – Seachtaine na Sláinte

Pictiúr 1



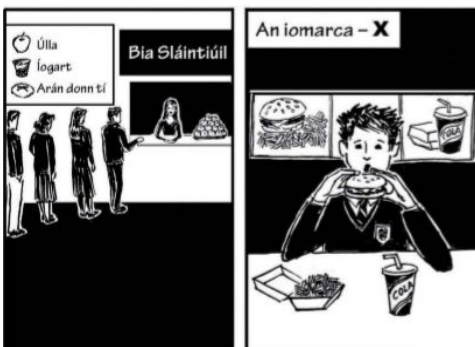
- Dé hAoine atá ann.
It is Friday.
- Tá sé leathuair tar éis a deich agus tá na daltaí ar scoil.
It is half past ten and the students are in school.
- Tá fógra ag an bpríomhoide agus tagann sí ar an gcallaire.
The principal has an announcement and she comes on the speaker.
- “Beidh seachtain na sláinte ar siúl ar scoil an tseachtain seo” a deir sí.
“Health week will be going on in school this week”, she says.

Pictiúr 2



- Tosaíonn seachtain na sláinte ar an Luan.
Health week starts on Monday.
- Tá atmaisféar áthasach timpeall na scoile.
There is a happy atmosphere around the school.
- Tá imeachtaí éagsúla ar siúl i rith na seachtaine.
There are various events going on during the week.
- Tá cluiche peile idir mhúinteoirí agus scoláirí.
There is a football match between the teachers and students.
- Tá rang aeróbaice ar siúl freisin.
An aerobics class is on also.

Pictiúr 3



- Tá bia sláintiúil ar fáil sa cheaintín.
Healthy food is available in the canteen.
- Taitníonn sé leis an gcuid is mó de na scoláirí.
Most of the students enjoy it.
- Ach tá cúpla buachaillí dána a théann chuig bialann tapaidh.
But a couple of boys are bold and go to a fast food restaurant.

Pictiúr 4



- Téann siad ar siúlóid urraithe ar an gCéadaoin timpeall na cathrach.
They go on a sponsored walk on Wednesday around the city.
- Bailíonn na daltaí airgead chun trealamh spóirt nua a cheannach.
The students collect money to buy new sports equipment.

Pictiúr 5



- Tagann aoichainteoir isteach ar an Aoine chun labhairt le na scoláirí.
A guest speaker comes in on Friday to talk to the students.
- Molann sí le na scoláirí chun labhairt le daoine faoina gcuid fadhbanna.
She advises the students to speak to someone about their problems.
- Is léir go bhfuil siad ag éisteacht go géar le cad atá le rá aici.
It was clear that they are listening carefully to what she has to say.

Pictiúr 6



- Ag deireadh na seachtaine tagann an príomhoide ar an gcallaire arís.
At the end of the week the principal comes on the intercom again.
- Deir sí go bhfuil sí fíorbhuíoch as dea-iarracht na scoláirí i rith seachtain na sláinte.
She says she is truly grateful for the good effort of the students during health week.
- Aontaíonn gach duine gur seachtain den scoth a bhí ann.
Everyone agreed it was a great week.
- Mar a deir an seanfhocal – ‘Is fearr an sláinte ná an táinte’.
As the old saying goes; “health is better than wealth”.

Ceisteanna

- Cén t-ám atá ann i bpictiúr a haon?
- Cén sort bia ar fáil i bpictiúr a trí?
- Cé mhéad duine atá i bpictiúr a haon?